

HOW PULSE RATE INFLUENCE ON THE LIKLINESS OF PINEAPPLE

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ABSTRACT

Objective of the presents study was to co-relate the pulse rate with likeness of pineapple. A total 200 students participated in this study. All were students of molecular Biology and Biotechnology Bahauddin Zakiariya University, Multan, Pakistan. Their pulse rate was measured and a questionnaire was prepared related to their pulse rate and likeness of pineapple. The most of the students with average pulse rate 50-102 were likes pineapple. While students with pulse rate 58-102 were not like pineapple.

Keywords; pulse rate, pineapple.

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INTRODUCTION

pulse is also known as heart rate. It is defined as number of beats in one minute Normally the pulse rate varies from person to person Normal pulse rate for adults is 60 to 100 beats per minutes it is affected by different factors like age. Size of body .conditions of heart .use of different medicines .air .temperature. emotions being a smoker mental stress and whether a person is sitting walking Excited or scared emotions can increase the pulse rate .an athlete person has lower pulse rate because heart muscles get stronger by doing different activities pulse rate is not correlated with blood pressure is defined as force of blood against blood vessels while pulse rate is just number of beats of hearts pulse rate can measured by putting two fingers on wrist .side of neck and top of foot .and count the number of beats in one minute. A resting heart rate is the pulse rate when we are sitting calmly or lying Mostly the heart rate is calculated by subtracting the age from 220. Exercise and getting filter can lower the heart rate.

Pineapple sweet and tropical taste pineapple .pineapple taste amazing in sweet desserts fresh pineapple 100g calories 43 sodium pineapple contain high amounts of vitamin c and manganese pineapple are also fat free cholesterol free and low sodium it gives us energy about

100 calories it is a very important for our health Many people like to eat At the same time, many people not like to it to eat pineapple it can help weight loss pineapple important for the stomach pineapple reduce the stomach fat

Objective .of the present study was to co-relate the pulse rate with likening of pineapple .

MATERIAL AND METHOD

Total 200 students participated in this study These subjects were students of Bahauddin Zakariya, University, Multan, Pakistan. pulse rate was to measured pointing thumb on wrist total number of beats per minute was counted.

Project Design

A questionnaire was prepared by as about the likeness of pineapple and about pulse rates .

Statistical Analysis

We performed statistical analysis by using M state.

RESULTS AND DISCUSSION

Subjects with the pulse rate of 78.68-+12.94033 like to eat pineapple . while students with pulse rate of 82.1-+12.61753 do not like to eat pineapple .students T test was used to analyze the results.p-value0.04 was considered significant.

TABLE1: influence of pulse rate on pineapple likeness

Pine apple likeness	Pineapple dislikeness
78.68±12.94033	82.1±12.61753

p<0.05

Conclusion

It was concluded from the recent study that students with lower pulse rate like pineapple .While students with high pulse rate do not like pineapple

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