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## CORRESPONDENCE OF OUTDOOR OR INDOOR GAMES LIKENESS WITH URINE pH OF PEOPLE

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### ABSTRACT

Outdoor games are considered better than the indoor once because these are the source of interaction between the player of that particular game and the nature one. Urine of human contains salts, water and other kidney's product. There is a balance in the presence of these things in urine. If this balance is not sustained urine Ph cannot sustain and results are the urinary infection The object of a study is to find a relationship between pH variation of urine of different people and their taste for games.

**Key words:** outdoor games, indoor games, pH

**INTRODUCTION**

Outdoor games are considered better than the indoor once because these are the source of interaction between the player of that particular game and the nature one. Although there are lots of indoor games that provide same opportunity of exercise as the outdoor games but still outdoor games are more proffered and indoor games are considered harmful not only for the physical fitness of children but also their mental fitness

Urine of human contains salts, water and other kidney's product. There is a balance in the presence of these things in urine. If this balance is not sustained urine Ph cannot sustain and results are the urinary infection

The purpose of study is to correlate nitrite presence in urine and affinity for games.

**RESULTS AND DISCUSSION**

**Material and Method**

Almost 100 students participated in this study. All these were students of Bahaudin Zakariya University.

There are various test of urine for diagnose purpose. Urinalysis can be performed by using strip used for mostly urine test. The results of the test can be can be detected as a colour change. During the urine test first sample of urine was collected about 32 To 55 millimetre of each student. Through dipstick procedure pH of urine was checked.

**RESULTS AND DISCUSSION**

**Demonstration of Affinity for Outdoor Game/Indoor Game among Youth With variation in their urine nitrite concentration**

| Outdoor Games Likeness   |                        | Indoor Games Likeness    |                        |
|--------------------------|------------------------|--------------------------|------------------------|
| Female urine ph(mean±SD) | male urine ph(mean±SD) | Female urine ph(mean±SD) | male urine ph(mean±SD) |
| 7                        | 6                      | 7                        | 6                      |

It is inferred that there is no specific impact of urine pH on the likeness of a person. Somehow those with pH seven were more attracted toward indoor games and males with the 7 pH were less attracted toward outdoor games.

### **Conclusion**

It is inferred that there is no specific impact of urine pH on the likeness of a person.

