

PUBLIC AWARENESS ABOUT URINE PH WITH LIKELINESS OF PINEAPPLE

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ABSTRACT

Objective of the instant study was to associate interaction of urine pH with pineapple likeliness. One twenty students take part in immediate study. A questioner was provided them, in which they asked about their likeness of pineapple, and urine pH. All of the students was measure urine pH with the help of pH meter a dipstick and new electronic device. A survey was planned about urine pH and pineapple likeliness. Statistical study was done by Microsoft excel. The urine usually acidified from its pH approximately decreases from 7.4 to 6 in the urine. The urine PH range from 4.5 to 8 which depends upon a person status of acid base. . Pineapple good source of vitamin c and carbohydrates. Consuming pineapple has many positive aspects. The present research show that the students normal urine pH and to eat pineapple. High urine pH then the other does not like to eat pineapple.

Keywords; urine pH pineapple likeness

INTRODUCTION

Urine PH measure alkalinity and acidity of the urine. Routine urinalysis checking pH factors include vomiting lungs disease kidney function. The urine usually acidified from its pH approximately decreases from 7.4 to 6 in the urine. The urine PH range from 4.5 to 8 which depends upon a person status of acid base. Diet in which vegetables fruits citrus dairy products are high can increase the pH of urine. The diet in which products of meat are cranberries are high it can decrease. the PH of urine with UTI presence of bacteria and white blood cells in the urine. Normal pH of urine is slightly acidic 6.0 to 7.5. There may be following reason for high urine pH. Vomiting, infection of urinary tract, failure of kidney. Low pH have urine may have following reasons starvation diarrhea. When the pH is low acidity will be increase. Alkaline urine mostly containing buffer carbonic acids bicarbonate is normally defecated. Excretion of acid alkaline urine kidney is important mechanism of the body it is helpful in maintain constant body pH.

Pineapple edible multiple fruit pineapple is a rich source of vitamin c brome lain present in all parts of pineapple plant brome lain unsafe some users such allergies pregnancy. Pineapple good source of vitamin c and carbohydrate Consuming pineapple has many positive aspects. Pineapple contains vitamins and minerals. Benefits of pineapple becoming packed vitamins and nutritional vitamins.

Pineapples help the dryness of pores and skin and glow. Pineapple minerals existing teeth and bone healthier. Many positive aspects of pineapple eating pineapple prevents to from illnesses and macular degeneration.

The objective of the instant study was to associate interaction of urine pH with pineapple likeliness.

MATERIALS AND METHOD

One twenty students take part in immediate study. A questioner was provided them, in which they asked about their likeness of pineapple and urine pH All of the students was measure urine pH with the help of pH meter a dipstick and new electronic device.

Project

A survey was planned about urine pH and pineapple likeliness.

Statistical study

Statistical study was done by Microsoft excel.

DISCUSSION

Male with the urine PH level 6.35 ± 0.93 consume pineapple .While male with urine pH level of 5.6 ± 0.82 do not consume pineapple. students T test was used to examine the consequence p value 0.1 was calculated significant Female with urine pH level of 6.02 ± 0.377 like pineapple while female with the urine pH

level 6.033 ± 0.18 not consume pineapple .students T test was used to investigate the outcome p value 0.03 was calculated non-significant .male and female urine pH level

6.01 ± 0.5 like pineapple while scholars with urine pH level 6.01 ± 0.5 do not like pineapple

gender	Pineapple likeness	Pineapple dislikeliness	combine	p-value
female	6.02 ± 0.37	6.033 ± 0.1825		0.1
male	6.35 ± 0.93	5.6 ± 0.820		0.3
Male and female	6.01 ± 0.5	6.01 ± 0.5	6.01 ± 0.5	0.5

Conclusion

It has proved from present study the urine pH higer in students who eat pineapple on regular basis. Then who do not consume pineapple.

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